

# CURRENT SITUATION - H1N1 Influenza 09 (Human Swine Flu)

As at 1600hrs 4 June 2009, the number of confirmed human swine flu cases in Victoria is 752.

On 3 June 2009, Victoria moved to a modified **Sustain Phase** of its influenza plan. Only people identified by their doctor as a case of Human Flu will need to be quarantined.

We are now focusing our treatment on members of the community most vulnerable to influenza, such as the elderly, students at special development schools, hospital patients and people with a chronic illness.

The decision to move Victoria to a modified Sustain Phase was made on advice from the Australian Health Protection Committee and the Commonwealth's Chief Medical Officer. Other states and territories will remain in the Contain Phase at this stage.

Please go to [www.health.vic.gov.au](http://www.health.vic.gov.au) for details of the modified Sustain Phase and what it means to you.

## **Schools will no longer be closed**

- Students who are ill should be kept at home.
- Schools and early childhood providers that are currently closed due to H1N1 Influenza can re-open.  
For all information on schools go to [www.education.vic.gov.au](http://www.education.vic.gov.au).

## **Businesses**

- All organisations should encourage staff who are ill not to come to work and to seek appropriate medical care if necessary.

## **Good hygiene remains vital**

- Cover your nose and mouth with a tissue when you cough or sneeze.
- Throw the tissue in a plastic-lined rubbish bin after you use it.
- Wash your hands often with soap and water, especially after you cough or sneeze. Alcohol-based hands cleaners are also effective.
- Avoid touching your eyes, nose or mouth as germs spread that way.

## **If you feel unwell**

- **Please call your GP** if you have a flu like illness (fever and cough and fatigue).
- Please call your local hospital **ONLY if you are seriously unwell** with flu like symptoms.

**For the most up-to-date information :**

- Visit [www.health.vic.gov.au](http://www.health.vic.gov.au)
- Call the Influenza Hotline on 180 2007 or
- Call Nurse-on-Call on 1300 606 024 – for expert health information and advice (24 hours, 7 days) Please call your GP if you have a flu-like illness (fever and cough and fatigue).  
**Please call your local hospital ONLY** if you are seriously unwell with flu like symptoms.

**DR ROSEMARY LESTER  
Acting Chief Health Officer  
Victoria**